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FOOD OF THE WEEK

Give your tastebuds a breath of fresh air

MAKE THE most of what's left of the sunshine on the terraces and in the gardens of some of the UK's hottest culinary spots.

Feast on locally caught dressed Salley Crab on the terrace overlooking beautiful Sussex countryside at **Orchard/Labster**, Mill Lane, Millersham (01243 64223; orch-labster.co.uk).

There are excellent

people-watching opportunities from your government-side seat at celebrity chef Michael Caines's **MC CAIN** at Cathedral Yard, Dover (01392 22626; mccain.co.uk), where you can enjoy a bruschetta of seafood.

Take in the views of the Hyburn Valley from the deck of acclaimed gastro-pub **Mill Bank**, Sowerby Bridge, Halifax (01422

62286; millbank.com), where you'll find rump of Yorkshire lamb with white bean purée, ratatouille and chorizo fillet on the menu.

It's no surprise the front terrace and rear patio at **The Plough**, 72 Walton Road, Wavendon, Milton Keynes (01908 587576; theplough-wavendon.com) are immaculate; the restaurant's owner has a landscaping business.

The menu, which includes minted pea soup, vanilla cappuccino and foie gras, is equally as impressive.

Sample chef Martin Burger's Michelin-starred creations, including steamed fillet of turbot, on the terrace overlooking the elegant gardens at **Whitby Manor**, near Malvernbury (01694 62286; whitbymanor.com).

Andy Lyons